



## RUNNING ORDER

Foxhall Heath Stadium, Ipswich—Saturday 4th July 2020—10am

### 2020 IPSWICH PRACTICE DAY

Session	Laps	Formula	Session	Laps	Formula
1	10	Ninja Karts	21	16	1300cc Stock Cars / Historic Stock Cars / Junior Stock Cars /
2	16	1300cc Stock Cars / Historic Stock Cars / Junior Stock Cars / National Saloon Stock Cars	22	10	Ninja Karts
3	20	American Cup Cars / Grand Prix Midgets / Oval Track Legends	23	20	American Cup Cars / Grand Prix Midgets / Oval Track Legends
4	20	Rookie Rods / Stock Rods	24	20	Rookie Rods / Stock Rods
5	20	2.0 Hot Rods / Lightning Rods	25	20	2.0 Hot Rods / Lightning Rods
6	25	Classic Hot Rods / National Hot Rods	26	25	Classic Hot Rods / National Hot Rods
7	20	Superstox	27	20	Superstox
8	12	Unlimited National Bangers	28	12	Unlimited National Bangers
9	12	Bangers (All other classes)	29	12	Bangers (All other classes)
10	12	Bangers (All other classes)	30	12	Bangers (All other classes)
11	16	1300cc Stock Cars / Historic Stock Cars / Junior Stock Cars / National Saloon Stock Cars	31	16	1300cc Stock Cars / Historic Stock Cars / Junior Stock Cars /
12	10	Ninja Karts	32	10	Ninja Karts
13	20	American Cup Cars / Grand Prix Midgets / Oval Track Legends	33	20	American Cup Cars / Grand Prix Midgets / Oval Track Legends
14	20	Rookie Rods / Stock Rods	34	20	Rookie Rods / Stock Rods
15	20	2.0 Hot Rods / Lightning Rods	35	20	2.0 Hot Rods / Lightning Rods
16	25	Classic Hot Rods / National Hot Rods	36	25	Classic Hot Rods / National Hot Rods
17	20	Superstox	37	20	Superstox
18	12	Unlimited National Bangers	38	12	Unlimited National Bangers
19	12	Bangers (All other classes)	39	12	Bangers (All other classes)
20	12	Bangers (All other classes)	40	12	Bangers (All other classes)



30 Minute Comfort Break After Session 20 \*\*\*NO ENGINE NOISE\*\*\*



## **ALL DRIVERS PLEASE NOTE**

Please line up in the HOLDING AREA ready for your practice. There will be no holding the gate.

Race Receiver Channel for the event is 952.

We advise all drivers to maintain their racing line and to take notice of all flag and light signals on the raceway. A Blue Flag means, HOLD YOUR RACING LINE TO ALLOW FASTER CARS TO OVERTAKE.

Please be ready to join the raceway for your allocated practice slot, you will not be permitted onto the raceway without your correct personal protective equipment.

If you wish, or have, to end your practice session early please pull wide on the bends and park against the armco retaining wall or in the lay-bys on the home and back straights.

If a RED FLAG is shown during a practice, you MUST stop immediately and safely. Once you have stopped for a red flag, you MUST NOT move again until an official asks you to do so—offenders will be excluded.

**DRIVERS ARE REMINDED TO REMAIN IN THEIR VEHICLES WHILST ON THE TRACK OR PARKED ON THE INFIELD**

**DO NOT DRIVE OR PARK ON THE CENTRE GREEN GRASS**

You are warned that you must not consume alcohol at any time if you are competing—random breath tests may be taken

### **\*\*\*REMEMBER YOUR PIT SAFETY\*\*\***

**\*NO SMOKING IN THE PIT AREA**

**\*5MPH SPEED LIMIT IN THE PIT AREA AND PIT LANE**

**\*WHEN WORKING ON CARS ENSURE THAT THE CAR IS SUPPORTED AND NOT LEFT ON A JACK. IF A HIAB IS TO BE USED ENSURE PART OF THE CAR IS OVER THE FLATBED AREA OF THE LORRY.**

**\*ALL FUEL MUST BE KEPT IN SEALED CONTAINERS**

**\*CHILDREN MUST BE ACCOMPANIED IN THE PIT AREA AT ALL TIMES**

Please do not leave any scrap tyres or wheels at the raceway and can all drivers and pit crews assist by putting all rubbish in the bins.

### **\*\*\*REMEMBER COVID-19\*\*\***

**Social Distancing—2 meters**

**Keep your distance.**

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